



# Rmug News

October 2007

## This Month

RMUG Meeting, Saturday morning  
October 13, 2007 9-11:30 a.m.

**All Mac users, new & old** are invited  
to attend the next RMUG general meeting  
at:

Yaks Koffee Shop  
3274 Bechelli Lane  
Redding, CA

Coffee and various eats are available  
during our "Get Acquainted" time, 9am to  
10am. There are classes for "Beginners"  
and "Intermediate" from 9:15 to 10:00 am.

Topics this month will include a demo  
on how to use "Printshop", a great raffle;  
personal creativity comments, wisdom  
and issues as well as the usual Q&A. Be  
sure and bring those questions..

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## Rmug Officers

*Dale Josephson - President*  
*Jim Pace - Vice President*  
*Charlotte Ruskowitz - Treasurer*  
*Jacque Martin - Secretary*  
*Librarian*  
*Ken Lorenz - Editor*  
*Barbara Benefield,*  
*Louise Zegers,*  
*- Hospitality*

## President's Letter

This month has been a busy one at my home as I get ready to return to work. Several years ago I purchased a 15' travel trailer from Kim and I have faithfully taken it on one road trip per year. To better utilize my trailer I have remodeled it into an office. The first step was to remove the rugs, beds, stove, ice box and table. During this process I found I bit of dry rot in the walls at the front, so I replaced some of the rib spars and added a layer of hardwood plywood to the front section of the trailer. I then built two workbenches and added a couple of shelves for storage. Next, I carpeted the floor and some of the walls. I like the carpet so much I think I will add carpet to the rest of the walls and the ceiling too. To prevent future intrusions of water, I added a second roof above the first one and pitched it 1/8. Eventually I will have solar power throughout, but for now I have limited solar power and a big orange extension cord connecting me to the PG&E grid. I added two 1,500MVA APC uninterruptible power supplies (UPS). One UPS is at the rear of my office/trailer and supports my iTunes server, printer, scanner, MacBook and assorted peripherals, while the second UPS is for working on customer's equipment. I believe there will be plenty of opportunities for me to use my trailer as I have been turning work away in order to finish my new office before October 1st. Last Friday while building a set of stairs for my new office I had a local physician deliver his ailing G5 iMac, so to improve security I added a big padlock to the door. I guess I am back in business and this time I believe I will keep my company small and focus on delivering great service at the customer's premises and not worry about having a retail operation.

dalej

# RMUG Information

**Why RMUG?** The Redding Macintosh Users' Group was formed to help members and new users obtain maximum enjoyment and performance from their computers. This is accomplished through group activities and our direct affiliation with Apple™.

**Resources:** RMUG resources include monthly mailings from Apple™ and numerous outside vendors. We have a library of public domain programs, games and shareware software. We have videos and other computer-related guidebooks and information.

**Meetings:** RMUG meetings are held on the second Saturday of each month from 9:00 am to 12:00 noon – contact any club officer for meeting location. The meetings give members and visitors an opportunity to share information, opinions, personal experiences and techniques regarding Macintosh computer systems—hardware & software.

**Membership Information:** We invite you, as a guest, to attend our next monthly meeting. If you decide to join RMUG, your membership fee includes your whole family. We need your help as much as you need ours! Please participate!

**Welcome To Our Meetings:** Call the President, Dale Josephson, or contact other RMUG officers for help. Go to <http://rmug.org/membership.html> for numbers.

**Membership Dues:** \$24 / year. Includes newsletters, access to shareware, monthly workshops, troubleshooting help. Payment of dues can be made at the monthly meetings or send them to: *Charlotte Ruskowitz, 6538 Mossom Ln., Anderson CA 96007* . Please make check payable to: Redding Macintosh Users' Group.

## Apple News:

iPods are reinventing video as well as music and audiobooks. Apple just released the new 4GB iPod nano for \$149 and the 8GB iPod nano for \$199. The new iPod nano has a 2.5 inch diagonal measure screen. To use any of the new ipods you will need USB 2.0 and the new nano requires 10.4.8 or greater along with iTunes 7.4 or later and a good Internet connection.

Don't forget to update Boot Camp to 1.4, says Apple  
(<http://www.macworld.com/news/2007/10/01/bootcamp/index.php>)

A recently posted tech note on Apple's Web site advises users to make sure they update their copy of Boot Camp before it expires. Boot Camp is the software that enables Intel-based Macs to run Windows by restarting their computers. It's a free alternative to commercial virtualization products like Parallels Desktop for Mac or VMware Fusion, though like those other products, it requires a licensed copy of Windows in order to operate. Since its 2006 introduction, Apple has offered Boot Camp as a public beta. When Mac OS X v10.5 "Leopard" ships — hopefully this month — Boot Camp will be included as part of the package. Apple notes that Boot Camp 1.2 or earlier has expired on September 30, 2007. In order to continue using the software, you'll need to update to Boot Camp beta 1.4. The license to use Boot Camp 1.3 or 1.4 expires when Apple ships Leopard, according to the note.

Submitted by dalej

## Secretary's Notes:

MINUTES - RMUG MEETING, SEPTEMBER 8, 2007

The September meeting was held at YAKS Koffee Shop. Approximately 22 members attended.

Dale led the beginner's class, and Michael fielded questions from the intermediate group.

Kim Farrar has a 20" Intel Mac for sale. Check with her if interested.

Dale announced that nominations for Board Members for 2008 are now open. If you are interested in serving in any of the positions, please let the Board know. Officers are: President, Vice President, Secretary, Treasurer, Newsletter Editor, Librarian and Hospitality. An Ambassador and a Web Master are appointed by the Board.

Anderson Senior Center classes started Monday, September 10th, 1:00 – 3:00 p.m.

Michael asked if there was interest in ordering new T-shirts. The one picture of a Mac needs to be updated. There was a preference for colored shirts rather than white. Anyone have a preference as to colors?

Program:

Ron Brink demoed how to digitize old Super 8 movies to a DVD. Important: Is the source editable? Tapes are editable. DVDs and other storage media may not be editable. You should have a headphone set with earplugs so you don't have ambient noise coming in and can hear only what you are recording. \$4.00. You can edit using; 1) iMovie, 2) Final Cut Express, or 3) Final Cut Pro. Ron's preference is Final Cut Pro. Apple purchased a Color enhancing program and built it into the Final Cut Pro package. Use the best computer available. If you're using JPEG, crop from upper left to lower right.

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## SECRETARY'S NOTES CONTINUED:

Note: I will write what I have in my notes, but if it doesn't make sense to you, see Ron. Input - VHS-C (same as old VHS tapes) still works. Run tapes analog to digital through firewire via Canopus, \$300 - \$500. There is a smaller, \$100 Canopus, too. This does what Color programs do on a smaller scale. Canopus is a brake-out box that allows you to connect the VCR to the computer. You also need a VHS tape deck that has ports and circuitry that Canopus is compatible with. Also RGB. Mitsubishi is one. RCA and Panasonic have sVideo components that will allow editing and color change. iLife '06 is HighDefinition; iLife '08 is not. iMovie '08 HD is compatible with Final Cut Express and Final Cut Pro. iMovie '06 HD is free if you buy iMovie '08 HD first, or it comes with new computers. You can run either '06 or '08. Now you can put different codex on same program and will work.

If you buy a new camera, buy 16:9 ratio, and go firewire from camera to computer. With the new JVC SR-DVM700US 3-in-1 video recorder (\$1800), you can put in the tape, edit, and output as a DVD. A great new video camera is Cannon HV20 for approximately \$1,000.

You can do this yourself, but Ron feels it is best to let Crown Camera do it for \$.18/foot. Thank you, Ron.

Charlotte Ruskowitz demoed JumpCut, a free Shareware program that allows you to put more than one thing on a clipboard at the same time. You can download it at the developer's website which is... <http://jumpcut.sourceforge.net/>. It is a Utility: Install and it shows on MenuBar. Set preferences for the number of items you want to be able to copy from the text and place on your clipboard. Thank you, Charlotte.

Michael Peters demoed a Game Package from Freeverse Suite, \$29.95, that has games for a

wide group of people. Brain Games in the package were: Echo-easy; If This, Then That; Nova Sweeper; Reaction; Sudoku; and Remembrance.

Michael also told us of a clearance at Apple. Go to Apple (Special Deal). Look for a 4G iPhone for \$299. Thank you, Michael.

Next Meeting: October 13, 2007, at YAKS. Among other things, I believe Dale will be showing us the new iPhoto'08.

Jacque  
Martin, Secretary

## Secret of a Long Life:

This is a wonderful piece by Michael Gartner, editor of newspapers large and small and president of NBC News. In 1997, he won the Pulitzer Prize for editorial writing. It is well worth reading, and a few good chuckles are guaranteed.

My father never drove a car. Well, that's not quite right. I should say I never saw him drive a car.

He quit driving in 1927, when he was 25 years old, and the last car he drove was a 1926 Whippet.

"In those days," he told me when he was in his 90s, "to drive a car you had to do things with your hands, and do things with your feet, and look every which way, and I decided you could walk through life and enjoy it or drive through life and miss it."

At which point my mother, a sometimes salty Irishwoman, chimed in:

"Oh, bull----!" she said. "He hit a horse."

"Well," my father said, "there was that, too."

So my brother and I grew up in a household without a car. The neighbors all had cars -- the Kollingses next door had a green 1941 Dodge, the VanLaningshams across the street a gray 1936 Plymouth, the Hopsons two doors down a black 1941 Ford -- but we had none.

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SECRET CONTINUED:

My father, a newspaperman in Des Moines, would take the streetcar to work and, often as not, walk the 3 miles home. If he took the streetcar home, my mother and brother and I would walk the three blocks to the streetcar stop, meet him and walk home together.

My brother, David, was born in 1935, and I was born in 1938, and sometimes, at dinner, we'd ask how come all the neighbors had cars but we had none. "No one in the family drives," my mother would explain, and that was that.

But, sometimes, my father would say, "But as soon as one of you boys turns 16, we'll get one." It was as if he wasn't sure which one of us would turn 16 first.

But, sure enough, my brother turned 16 before I did, so in 1951 my parents bought a used 1950 Chevrolet from a friend who ran the parts department at a Chevy dealership downtown.

It was a four-door, white model, stick shift, fender skirts, loaded with everything, and, since my parents didn't drive, it more or less became my brother's car.

Having a car but not being able to drive didn't bother my father, but it didn't make sense to my mother.

So in 1952, when she was 43 years old, she asked a friend to teach her to drive. She learned in a nearby cemetery, the place where I learned to drive the following year and where, a generation later, I took my two sons to practice driving. The cemetery probably was my father's idea. "Who can your mother hurt in the cemetery?" I remember him saying more than once.

For the next 45 years or so, until she was 90, my mother was the driver in the family. Neither she nor my father had any sense of direction, but he loaded up on maps -- though they seldom left the city limits -- and appointed himself navigator. It seemed to work.

Still, they both continued to walk a lot. My mother was a devout Catholic, and my father an equally devout agnostic, an arrangement that didn't seem to bother either of them through their 75 years of marriage.

(Yes, 75 years, and they were deeply in love the entire time.)

He retired when he was 70, and nearly every morning for the next 20 years or so, he would walk with her the mile to St. Augustin's Church. She would walk down and sit in the front pew, and he would wait in the back until he saw which of the parish's two priests was on duty that morning. If it was the pastor, my father then would go out and take a 2-mile walk, meeting my mother at the end of the service and walking her home.

If it was the assistant pastor, he'd take just a 1-mile walk and then head back to the church. He called the priests "Father Fast" and "Father Slow."

After he retired, my father almost always accompanied my mother whenever she drove anywhere, even if he had no reason to go along. If she were going to the beauty parlor, he'd sit in the car and read, or go take a stroll or, if it was summer, have her keep the engine running so he could listen to the Cubs game on the radio. In the evening, then, when I'd stop by, he'd explain: "The Cubs lost again. The millionaire on second base made a bad throw to the millionaire on first base, so the multimillionaire on third base scored."

If she were going to the grocery store, he would go along to carry the bags out -- and to make sure she loaded up on ice cream. As I said, he was always the navigator, and once, when he was 95 and she was 88 and still driving, he said to me, "Do you want to know the secret of a long life?"

"I guess so," I said, knowing it probably would be something bizarre.

"No left turns," he said.

"What?" I asked.

"No left turns," he repeated. "Several years ago, your mother and I read an article that said most accidents that old people are in happen when they turn left in front of oncoming traffic.

As you get older, your eyesight worsens, and you can lose your depth perception, it said. So your mother and I decided never again to make a left turn."

"What?" I said again.

**SECRET CONTINUED:**

"No left turns," he said. "Think about it. Three rights are the same as a left, and that's a lot safer. So we always make three rights."

"You're kidding!" I said, and I turned to my mother for support "No," she said, "your father is right. We make three rights. It works." But then she added: "Except when your father loses count."

I was driving at the time, and I almost drove off the road as I started laughing.

"Loses count?" I asked.

"Yes," my father admitted, "that sometimes happens. But it's not a problem. You just make seven rights, and you're okay again."

I couldn't resist. "Do you ever go for 11?" I asked.

"No," he said " If we miss it at seven, we just come home and call it a bad day. Besides, nothing in life is so important it can't be put off another day or another week."

My mother was never in an accident, but one evening she handed me her car keys and said she had decided to quit driving. That was in 1999, when she was 90.

She lived four more years, until 2003. My father died the next year, at 102.

They both died in the bungalow they had moved into in 1937 and bought a few years later for \$3,000. (Sixty years later, my brother and I paid \$8,000 to have a shower put in the tiny bathroom -- the house had never had one. My father would have died then and there if he knew the shower cost nearly three times what he paid for the house.)

He continued to walk daily -- he had me get him a treadmill when he was 101 because he was afraid he'd fall on the icy sidewalks but wanted to keep exercising -- and he was of sound mind and sound body until the moment he died.

One September afternoon in 2004, he and my son went with me when I had to give a talk in a neighboring town, and it was clear to all three of us that he was wearing out, though we had the usual wide-ranging conversation about politics and newspapers

and things in the news.

A few weeks earlier, he had told my son, "You know, Mike, the first hundred years are a lot easier than the second hundred." At one point in our drive that Saturday, he said, "You know, I'm probably not going to live much longer."

"You're probably right," I said.

"Why would you say that?" He countered, somewhat irritated.

"Because you're 102 years old," I said.

"Yes," he said, "you're right." He stayed in bed all the next day.

That night, I suggested to my son and daughter that we sit up with him through the night.

He appreciated it, he said, though at one point, apparently seeing us look gloomy, he said:

"I would like to make an announcement. No one in this room is dead yet."

An hour or so later, he spoke his last words:

"I want you to know," he said, clearly and lucidly, "that I am in no pain. I am very comfortable. And I have had as happy a life as anyone on this earth could ever have."

A short time later, he died.

I miss him a lot, and I think about him a lot. I've wondered now and then how it was that my family and I were so lucky that he lived so long.

I can't figure out if it was because he walked through life, Or because he quit taking left turns."

Life is too short to wake up with regrets. So love the people who treat you right. Pray for those who don't. Believe everything happens for a reason. Nobody said life would be easy, they just promised it would most likely be worth it."

Submitted by Charlotte

## For Sale:

3 PowerBook 1400's all are in good working order. For sale or ?

The PB 1400's have a 9" deep, 11" wide footprint - just a bit larger than a standard sheet of paper. It is 2" thick, has an 800 x 600 display - they also have one of the nicest keyboards you'll ever find in a laptop computer. They have a swappable slot for either a CD or a floppy drive module . 2 standard PC (PCMCIA) slots, each slot accepts either a type I or type II card. The PC card slot also accepts one type III card which occupies both slots.

The 1400 can be run from a PC card (PCMCIA). Mac OS 8.6 fits very comfortably on a 256 MB card with plenty of room for a virtual memory (VM) swap file, some applications, and some work files. Mac OS 9.1, pretty much requires a 512 MB card if you want room for VM, apps, and work files.

I'm going to suggest that Mac OS 8.6 is probably the ideal OS for the PowerBook 1400.

The CPU could be replaced with a faster PowerPC G3 processor from third party vendors. Such as the Sonnet Crescendo/PB G3 @ 333, 400, 466 MHz ; Vimage Vpower G3/233 and G3/266 ; Newer Technology NUpower 1400 G3.

1) 1400CS 133

1) 1400C 133

1) 1400C 166 This one has the round power supply instead of the "Brick". I still have the box it came in along with the original CD, floppy etc.

I will include an OS CD with each one.

I have 2 GlobalVillage Fax/Modem cards. 1 is 28K the other is 56K. A Dayna Ethernet card, an extra 1GB HDD and a SanDisk Compactflash adapter along with a 1GB SanDisk Ultra II 1GB card.

Make me a reasonable offer for 1 or all. I would prefer to sell the components along with the computers rather than individually.

Contact

James (Chris) Sullivan  
[macitis@sbcglobal.net](mailto:macitis@sbcglobal.net)



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## Come and Get It:

Hey there RMUG Members!

I have an entire collection of MAC Addict magazines. Would like to give them a new home?

I also have many CD's that will be available at the next RMUG Meeting. Included are many programs : FREEware and Shareware. I even have an "upgrade available" version of Micro\$oft EXCEL. I will also bring some hardware if you want to get some FREE STUFF - be sure to come to the next RMUG Meeting. If you do not take it home, I can not say what may happen to all of these fine items...

Contact Michael at [rmug@rmug.org](mailto:rmug@rmug.org) if you want the collection of Magazines. We can arrange a pick-up!

I hope to see you at the next RMUG meeting!

Michael j. Peters

(additional recommended), and at least 9GB of hard disk space.

Though seemingly mild, the 67MHz increase will exclude a handful of Mac system, namely the 800MHz PowerBook G4 (Titanium), 800MHz PowerMac G4 (Quicksilver), 800MHz iMac G4, 800MHz iBook G4, and 800MHz eMac.

Looking ahead, those people familiar with Apple development cycles speculate that Mac OS X 10.6 will exclude support for PowerPC-based Macs entirely, requiring that users have one of the company's Intel-based systems which first began making their way to market in early 2006.

Over the weekend, Apple provided developers with Mac OS X 10.5 Leopard build 9A559. The build contained only two known issues and is believed to be one of the first candidates for release.

By Prince McLean  
AppleInsider  
Submitted by Barbara

## Leopard Needs Fast CPU:

Just weeks ahead of its public launch, Apple Inc. has updated the minimum system requirements for its next-generation Leopard operating system to exclude 800MHz PowerPC-based Macs, AppleInsider has learned.

According to people familiar with the matter, engineers for the company recently determined that Leopard installs on 800MHz PowerPC G4 systems ran "too slow." Support for those systems was subsequently pulled from the most recent pre-release copies of Leopard, which inform testers that the software "cannot be installed" on those computers.

Instead, Leopard will now require Macs with "an Intel processor or a PowerPC G4 (867 MHz or faster) or G5 processor." Other system requirements include a DVD drive, built-in FireWire, at least 512MB of RAM

## Hints & Tips

So many times I've forgotten to resize a pic or something I am sending via eMail & see the circle going round & round while sending & then want to stop it. I'm so grateful that I found this.

Q Is there a way to stop a message from being sent once you click on the Send button?

A If you have a message that's halfway out the door and you'd like to stop it, choose Window -> Activity Viewer (Command-0 [zero]), and click the Stop button. It will be placed in the Outbox.

Submitted by Charlotte

## Policies

This newsletter is published monthly for the Redding Macintosh Users' Group and is distributed to all club members.

No other individual, group or business may use any portion of this newsletter without prior written permission.

RMUG News welcomes articles and questions relating to Macintosh or Macintosh compatible computers. Articles should be pasted into the body of an eMail, or links to articles submitted. It is important that full credit be given to the author.

If you have a change of address or other questions, please notify the newsletter editor or other RMUG officer as soon as possible.

Deadline for submissions is the last Saturday of each month. E-mail or deliver all material to:

Ken Lorenz  
E- mail submissions to:  
*krlore@cwnet.com*

OR

*rmug@rmug.org*

(stuff files if possible)

## Ad Rates

RMUG members are invited to place "Wanted", "For Sale" & "Trade" ads in the newsletter at no charge. Business cards or commercial accounts are welcome at the rates listed above. One of the best reasons for belonging to a user's group is to let other people know about your activities, as well as learning what other people are doing with their computers and software. Please give your business cards or ads to the newsletter editor.

<p><b>AD Rates</b></p> <p><b>\$4-business card</b>  <b>\$6-quarter page</b>  <b>\$9-half page</b>  <b>\$15-full page</b></p>
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Advertisements in the RMUG newsletter will not influence reviews or critiques of hardware, software companies or stories.

RMUG does not endorse any specific dealer or product, but we do encourage the distribution of information which may assist club members in identifying best buys and services.

## Editorial

There should be something for everyone in this issue. The article on a long life, while not specific to computer use, is a good one to have in mind here at the gateway to the holiday season. The meeting on Saturday should be an inspiration to many who enjoy creating projects with their computers, whether it is making cards or printing on shirts, quilts or posters. The holidays and computers just seem to go together, what with eMail and all.

The raffles at the next couple of meetings should be extra special also. In addition to the regular raffle items the club has acquired some real nice professional black leather laptop computer cases which are top drawer with many compartments and features. (Designed for 15 inch laptop computers). One of these babies would be great to own or give as a gift. I shall look forward to seeing you at the meeting.

Ken



# Jett's October 07 Mac Classes:

I will be out of town the week of the 15th - 19th.

Classes are Tuesday afternoons at 2 pm and Thursday mornings at 10 am. Sessions usually run about 90 minutes. Cost is \$25. Bring your computer with you so you are working on your own machine.

Tuesday, October 2nd at 2 pm - iMovie  
Thursday, October 4th at 10 am - iTunes/iPod  
Tuesday, October 9th at 2 pm - Basic OSX  
Thursday, October 11th at 10 am - iPhoto

Tuesday, October 23rd at 2 pm - Basic OSX  
Thursday, October 25th at 10 am - iMovie

Space is limited so please call 242-1800 to sign up for class.

[kate@jett.net](mailto:kate@jett.net)